

Social media: ChatHealth service provided by the Hertfordshire School Nursing team

ChatHealth is a confidential text messaging service that enables parents and young people to contact their local public health nursing (school nursing) team.

Our Hertfordshire School Nurse team have our own social media accounts and they are listed below and information on how to access them to follow. We are available in the school holidays too and the table below suggest prompts for you to remind your children key times when they may need more support e.g. the start of the new term and exam times.

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| Our School Nurse Twitter account is:# @HCT_SchoolNurse | General/Exam times | Did you know that you can text our school nurse? Send a message to 07480 635050 for confidential health advice and support. Find out more: http://ow.ly/Am3130nYlkk #ChatHealthNHS Follow Hertfordshire School Nursing on our Twitter pages: @HCT_SchoolNurse |
| | School holidays | Enjoy the school break! Our school nurse is still available for confidential health advice and support. Text 07480 635050 Find out more: http://ow.ly/Am3130nYlkk #ChatHealthNHS |
| | New term | It's back to school time! Our school nurse is here to help pupils with confidential health advice and support. Text 07480 635050 Find out more: http://ow.ly/Am3130nYlkk #ChatHealthNHS |
| YouTube video to promote the Chathealth service for School Nursing in Hertfordshire aimed at 11-19 year age group | General/Exam times | Did you know you can text your school nurse for confidential health advice and support? Text 07480 635050. Find out more: http://ow.ly/Am3130nYlkk Check out the YouTube link on here: https://www.youtube.com/watch?v=DBNm1bFcCE |
| | School holidays | Enjoy the school break! If you need confidential health advice and support, your school nurse is still available to text on 07480 635050 Find out |

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| | | more at http://ow.ly/Am3130nYlkk #ChatHealthNHS |
| | New term | Looking for health advice and support now you're back at school? Text your school nurse for 07480 635050. Find out more: http://ow.ly/Am3130nYlkk #ChatHealthNHS |
| Instagram hct_schoolnursing | General/Exam times | Did you know you can text your school nurse if you're worried about anything or need health advice? Text 07480 635050. Find out more: http://ow.ly/Am3130nYlkk #ChatHealthNHS Follow Hertfordshire School Nursing on our Instagram pages – hct_schoolnursing |
| | School holidays | School's out! Text your school nurse on 07480 635050 for confidential health advice and support over the holidays. Find out more: http://ow.ly/Am3130nYlkk #ChatHealthNHS |
| | New term | It's back to school! Don't forget your school nurse is here for confidential advice and support. Text 07480 635050. Find out more: http://ow.ly/Am3130nYlkk #ChatHealthNHS |