

YAVNEH COLLEGE WEEK 3



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP OF THE DAY	VEGETABLE SOUP (v)	TOMATO SOUP (v)	LEEK & POTATO SOUP (v)	CARROT & CORRIANDER SOUP (v)	CHICKEN & LOCKSHEN SOUP (m) &(v)
MEAL DEAL - A PROTEIN, A CHOICE OF EITHER 2 VEGETABLES OR A CARBOHYDRATE AND 1 VEGETABLE	COTTAGE PIE VEGETABLE COTTAGE PIE (v) *** GREEN PEAS ***	TURKEY GOULASH RATATOUILLE (v) *** ROAST POTATO *** BABY CARROTS	CHICKEN STIR FRY VEGETABLE STIR FRY(v) *** SEASONED STEAMED RICE *** GREEN BEANS	BEEF LASAGNE (v) *** VEGETARIAN LASAGNE *** ISRALIE SALAD	CHICKEN WINGS VEGETARIAN BURGER(v) *** POTATO WEDGES COLESLAW
PASTA BAR	AVAILIABLE DAILY A PASTA WITH SAUCE OF THE DAY				
SALAD BAR	A DAILY VARIETY OF DIFFERENT SALADS - EG ROASTED VEGETABLE COUS COUS, COLESLAW, BEAN SALAD, POTATO SALAD				
DESSERT BAR	CHOCLATE BROWNIE	SPICED APPLE SPONGE	VANILLA SPONGE	CHOCOLATE SPONGE	COCOA KRISPIE CAKE
AVAILABLE EVERY DAY – TUNA MAYONNAISE, EGG MAYONNAISE, COLD MEAT SELECTIONS AND VEGETARIAN SALAMI					