

YAVNEH COLLEGE WEEK 3



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP OF THE DAY	BUTTERNUT SQUASH (v)	LENTIL (v)	CAULIFLOWER SOUP (v)	COURGETTE AND RED PEPPER SOUP (v)	CHICKEN & LOCKSHEN SOUP (m)
MEAL DEAL - A PROTEIN, A CHOICE OF EITHER 2 VEGETABLES OR A CARBOHYDRATE AND 1 VEGETABLE	CHICKEN THIGH *** STUFFED MUSHROOM(v)(G/F) *** ROAST POTATO *** MIXED VEG	BEEF BOLOGNESE(G/F) *** VEGETARIAN BOLOGNESE (v)(VG) *** PASTA TWIST *** SWEETCORN	CHICKEN STIR FRY(G/F) *** VEGETABLE STIR FRY(v)(vg) *** SEASONED STEAMED RICE *** GREEN BEANS	TURKEY GOULASH (G/F) *** RATATOUILLE (v) (VG) *** COUS COUS *** BABY CARROTS	BEEFBURGERS *** VEGETARIAN BURGER(v)(VG) *** POTATO WEDGES COLESLAW
PASTA BAR	AVAILABLE DAILY A PASTA WITH SAUCE OF THE DAY AND JACKET POTATOES				
SALAD BAR	A DAILY VARIETY OF DIFFERENT SALADS - ROASTED VEGETABLE COUS COUS, COLESLAW, SWEETCORN, POTATO SALAD				
DESSERT BAR	CHOCLATE BROWNIE	SPICED APPLE SPONGE	VANILLA SPONGE	CHOCOLATE SPONGE	COCOA KRISPIE CAKE
WE ARE A NON-DAIRY KITCHEN AND ALL OUR VEGETARIAN MEALS ARE VEGAN FRIENDLY. OUR DESSERT BAR CONTAINS VEGAN AND GLUTEN FREE CAKES AND DESSERTS.					