

YAVNEH COLLEGE MENU WEEK ONE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP OF THE DAY	TOMATO & BASI(p)	CHICKEN & LOCKSHEN(p)	CARROT & CORIANDER(p)	PUMPKIN(p)	SWEET POTATO & ONION(p)
MEAL DEAL	SWEET & SOUR CHICKEN TOFU & BLACK BEAN (v) SAUCE *** PILAU RICE *** STIR FRY VEGETABLES	ROAST BEEF YORKSHIRE PUDDING VEGETABLE BYRIANI STUFFED PEPPERS(v) *** ROAST POTATOES *** CARROTS	GRILLED LAMB BURGER WITH ROASEMARY AND MINT VEGETABLE KEBAB WITH A LEMON, GARLIC & OREGANO GLAZE(v) *** LEMON COUSCOUS *** CREOLE ROASTIES	BAKED TURKEY SCHNITZEL SPANISH OMELETTE(v) *** POTATO LATKAS *** BAKED BEANS	COD FILLET IN MOTZA MEAL WITH TARTARE SAUCE CORIANDER SCENTED FALAFEL WITH LIME MAYONNAISE(v) *** FRENCH FRIES *** PEAS
PASTA DISH OF THE DAY	CAJUN ROAST VEGETABLES(v)	PASTA NAPOLITANA(v)	HERBED CHICKEN	BOLOGNESE	RATATOUILLE(v)
SALAD BAR	BOILED EGG FLORENTINE	TUNA NICOISE	VEGETABLE STRUDEL(v)	ROAST PEPPERS TERRINE WITH SPINACH(v)	SMOKED MACKEREL PATÉ
JACKET POTATO BAR	MINI LAMB MEATBALLS IN A TOMATO SAUCE	MUSHROOM STROGANOFF(v)	CHILLI CON CARNE	TUNA MAYONNAISE & SWEETCORN	VEGETABLE KORMA(v)
DESSERT BAR	STEAMED JAM SPONGE PAREV CREAM	APPLE CRUMBLE WITH PAREV CUSTARD	JELLY WITH FRESH FRUIT	FRUIT SALAD WITH LEMON SAUCE	PINEAPPLE FRITTERS WITH CINNAMON SUGAR